



ཨ་ཁོ་གཞིན་ལམ་སྟོན།
Nazhoen Lamtoen
Transforming Children & Youth through reintegration

TRANSFORMING THE LIVES OF CHILDREN



2023

ANNUAL REPORT

www.nazhoenlamtoen.org

About Us

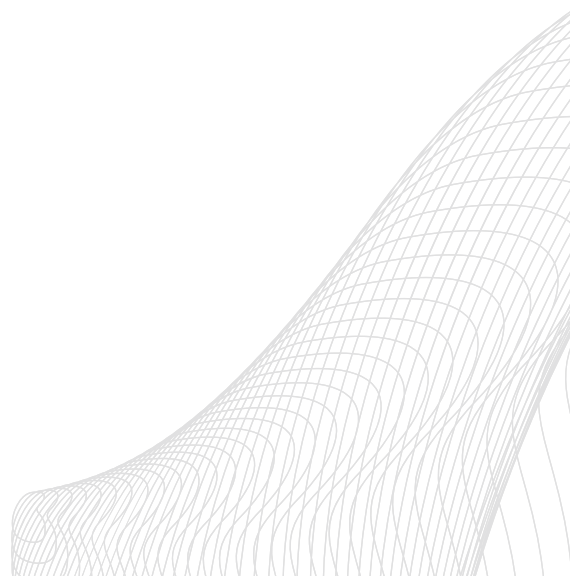
Formally registered as a Civil Society Organisation with the Civil Society Organisation Authority on the 17th of December 2016, Nazhoen Lamtoen is dedicated towards reintegrating children in conflict with law and improving the lives of children and families of children in difficult circumstances. Since our inception, we have been providing the following services crucial to ensuring the protection and promotion of the lives of our children:

- **Mental Health and Psychosocial Support to children in conflict with law at the Youth Development and Rehabilitation Centre (YDRC) Vocational Training and continued education support to the residents of YDRC**
- **Reintegration support to the residents of the YDRC through setting up of micro businesses based on constant interest/ skills mapping and evaluation in the best interest of the child**
- **Diversion Services as mandated by the Child Care and Protection Act of Bhutan to children in conflict with law.**
- **Interim Residential Care and reintegration support to children in difficult circumstances through the Nazhoen Lamtoen Childrens' Halfway Home**
- **Immediate need based support and long term sustainable livelihood support to children and families of children in difficult circumstances through our case management initiative**

Spreading awareness/ advocacy of child protection and promotion through initiatives such as establishing community child protection teams in individual piloted chiwogs The aforementioned services have been paramount in reducing the rate of recidivism among children in conflict with law, and in creating a safe environment for children previously exposed to exploitation and abuse owing to several untoward circumstances.

As of 2023, we have worked with a total of 826 children in difficult circumstances- setting up more than 100 micro businesses for their families in six piloted districts.

The piloted districts are Zhemgang, Chhukha, Dagana, Thimphu, Paro and Mongar. Additionally, we have had the opportunity to work with a total of 108 children in conflict with law by providing diversion and reintegration services.



Message from Chairman



Chairman's Message

Dear Friends and Supporters of Nazhoen Lamtoen,

It is with immense pride and gratitude that I present to you the annual report of Nazhoen Lamtoen. Over the past year, our organization has made significant strides in supporting and empowering the children and youth of our community. Through your generous contributions and unwavering support, we have been able to provide essential services, educational opportunities, and a safe environment for those in need.

Our achievements this year are a testament to the collective effort of our dedicated staff, volunteers, and partners. Together, we have created a positive impact, helping countless young individuals navigate challenges and build a brighter future.

As we look ahead, we remain committed to our mission and vision, striving to expand our reach and deepen our impact. Thank you for standing with us and for your continued belief in the power of community and compassion.

**Warm regards,
Dasho Paljor J Dorji
Chairman
Nazhoen Lamtoen**

Message from Executive Director



Nazhoen Lamtoen is a registered public benefit organization with the Civil Society Organization Authority of Bhutan since December 2016. The aim of the organization is to provide aftercare services for children in difficult circumstances (CIDC) and children in conflict with the law (CICL) coming out of juvenile centre and providing services to children in contact or affected by the criminal justice system. Till date the Nazhoen Lamtoen has reintegrated 44 CICL into the society.

It is observed that children who are referred to YDRC more often than not, belonged to broken families devoid of care and guidance. Thus children in difficult circumstances (CIDC) has high risk of becoming children in conflict with the law. Through the initiative of providing long term sustainable support to CIDC, the organization has supported more than 500 children with establishment of 300 micro business for the families in 5 districts, Mongar, Zhemgang, Chukha, Paro and Thimphu. Moreover, 70 children are supported with shelter home and out of which 60 are reunified with their parents and guardians.

As we move forward into the coming year, we remain committed to building upon our successes and continuing to work towards our long-term goals. We look forward to continuing to work with our partners and stakeholders to achieve these objectives and make a meaningful impact in the lives of the individuals and communities we serve. Thank you for your ongoing support and dedication to our mission, and we look forward to your continued partnership in the years ahead.

On behalf of Nazhoen Lamtoen Board and Management, I would like to extend our deepest gratitude to our donor development partners- Save the Children, UNICEF, Opening Your Heart to Bhutan, Helvetas Bhutan, National Commission for Women and Children, Royal Bhutan Police, JSWL, Austria Development Agency, members, stakeholders, friends, members, volunteers a dedicated team of Nazhoen Lamtoen and our well-wishers for your benevolent support in meeting our common mandate for the best interest of our children.

Tashi Delek

**Thinley Tobgyel
Executive Director**

Vision

To be the nationally recognised CSO in Bhutan that advocates and serves the needs of children in difficult situation

Mission

To advocate and serve children in difficult circumstances by providing timely intervention, empowerment and reintegration into communities

The concept of 'Nazhoen Lamtoen' germinated in the beginning of 2013 due to live and distressing encounters with many vulnerable children and youths.

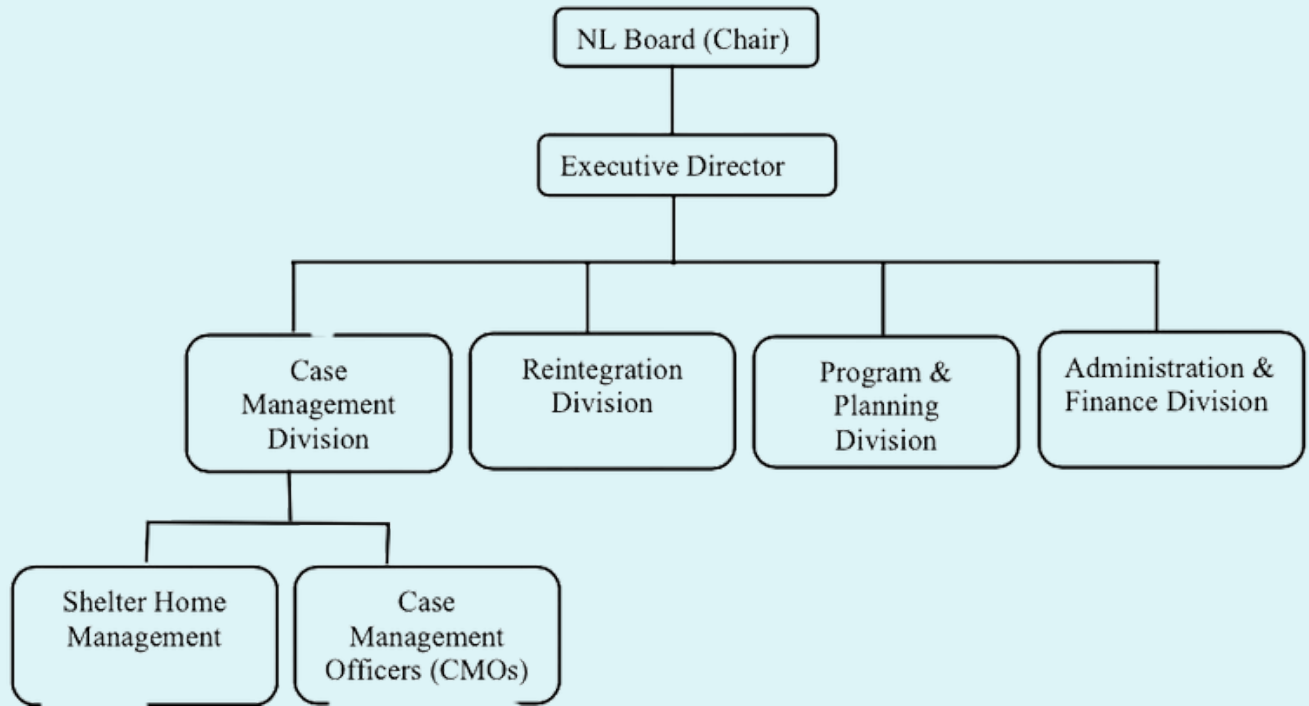
The country has many vibrant other government and private institutions to provide services to many situations for the youth, but what about the after care services soon after their post released from Youth Development Rehabilitation Centre (YDRC) and other similar facility.

The studies has shown many children and youth eventually repeat the cycle and land up in square one, mainly due to lack of after care services.

Nazhoen Lamtoen challenges these kind of situation to break the cycle, through providing after care services through many life skills training to reintegrate these lost children and youth back into society as productive citizens



Organization Structure



Child lead advocacy program -Trong Gewog, Zhemgang -Phase- i

Advocacy on Child Protection to Create an Enabling Environment for Our Children”-Phase: I
As we wake up to the news of an alarming 761 drug related cases reported in 2022, we should perhaps ask ourselves how as an individual, and as societies we may have contributed to the younger generation resorting to extreme sensation seeking, peer influence and risk taking behaviors.

A project for the children and by the children, following a five day workshop, a diverse group of children of Zhemgang Dzongkhag presented their concerns to their individual chiwogs, the gewog and district administration. The children will soon be presenting their concerns to the central government.

The project tools, specifically developed for the project, encouraged the child participants to map out child protection concerns and opportunities within their own communities, while also conducting a gender, influence and relationship analysis, and finally looking at how the concerns raised can be addressed.

Moving forward, Nazhoen Lamtoen is trying its best to institute child protection teams within individual communities for streamlined collaboration on not just matters affecting children, but to address issues that contribute negatively to the overall mental and physical developmental needs of our children.

The following pictures from the project are being uploaded with consent from the children and their legal guardians.

Helvetas Bhutan





Coming together for the cause

We worry about what a child will become tomorrow, yet we forget that he/she is someone today. Children in Difficult Circumstances, as a result of poverty, neglect, abuse, exploitation, and disability constitute the most marginalized group of children in Bhutan but you have the potential to help and make a difference. Nazhoen Lamtoen has launched the initiative Case Management as a response to empower this vulnerable group of children. As of now, we have covered six districts of Bhutan (Zhemgang, Monggar, Chukha, Paro, Thimphu, and Dagana) reaching benefits to 714 children. We also have a Halfway- Home which as of now has provided safe shelter support to more than 70 children. We are determined to do more but we can use your help. Commit to protect and help our children by becoming a member for any duration of time. Your donation will be used to support our children with basic necessities of life including education.

Support a child and youth individually or in a group under the "Us for Our Children" program of Nazhoen Lamtoen. Let our children know that there is still goodness in this world and that we care. Kindly email us at nazhoenlamtoen@gmail.com or contact us at +975 17414084/+975 17478196/ +975 17734704 to become a member of this team.

LEND A HAND

TO HELP OUR CHILDREN LEFT BEHIND

Help us protect our country's future. Become a member of the **"Us for Our Children"** program and support our children living in very difficult circumstances today for a brighter future tomorrow!

kindly contact us at
nazhoenlamtoen@gmail.com
or
+975 17478196/17734704/17414084



འཇམ་གཤམ་ལམ་ཏེན་
Nazhoen Lamtoen
Transforming Children & Youth through reintegration



Child lead advocacy program -Trong Gewog, Zhemgang -Phase- ii

Advocacy on Child Protection to Create an Enabling Environment for Our Children" Phase: II

After the 5- days of workshop with the children of Zhemgang, the child-led group presented their concern to the Gewog administration and the District administration to discuss how District administration can address the concerns raised by the children.

In the III phase, the children will present their concerns to the central government this summer. Children's participation is crucial to ensure that children's rights are respected and protected in their communities. By involving children in decision-making processes that affect their own protection, care and provision, we can empower them, improve the quality of child protection services and create a more child-friendly environment.

We thank the European Union-supported project 'Nyamdrel, Helvetas Bhutan and International IDEA for supporting this important workshop.

Bhutan Civil Society Network Civil Society Organizations Authority

The following pictures from the project are being uploaded with consent from the children and their legal guardians.





10 WAYS TO RAISE A CONFIDENT CHILD

1 LOVE YOUR CHILD



This seems obvious, but it's probably the most important thing you can give your child. Your child needs to feel accepted and loved. Unconditional love builds a strong foundation for confidence.

2 HELP TO SET REALISTIC GOALS



Your child needs to focus on more realistic goals. Guide your child to set reasonable goals to help avoid feelings of failure. If the goal is a stretch, discuss some reachable short-term steps along the path.

3 TEACH RESILIENCE



No one succeeds at everything. There will be setbacks and failures. Help them learn that setbacks are a normal part of life. When they do succeed, they will take pride in their accomplishment.

4 INSTILL INDEPENDENCE



Set up situations where they can do things for themselves. Encourage exploration, whether it's a trip to a new park or new foods at mealtime. This will expand their horizons and build confidence to handle new situations.

5 TEACH SELF-ENCOURAGEMENT



All humans need encouragement. Encouraging your child not only keeps him feeling more positive and motivated, it also gives him an inner voice that will help him to encourage himself for the rest of his life. Otherwise the harsh criticizing voice steps in, triggered by the disappointment.

6 MODEL POSITIVE SELF-TALK

Whatever you model, your child will learn. Positive self-talk has been shown to improve our ability to master difficult tasks, unlike the self-disparaging comments many of us so automatically make.



7 UNDERSTAND THEIR FEELINGS

It's okay for children to get frustrated and to be disappointed. Your child may cry all day, but your unconditional understanding will help their grief, your empathy will be a critical factor in overcoming it.



8 ENCOURAGE SPORTS

Through sports they learn that they can practice, improve and achieve goals. They also learn to recognize their strengths, accept or strengthen their weaknesses, handle defeat, and learn teamwork.



9 SET RULES

Children are more confident when they know who is in charge and what to expect. Every household will have different rules. Learning and following rules gives children a sense of security and confidence.



10 COACH RELATIONSHIP SKILLS

Confidence in relationships is key to your child's self-confidence. The important initial relationship is the loving parent-child relationship. But as your child's social circle expands, help them to see how their actions affect others—and help her learn to maintain their confidence when someone else's actions affect them.



**Women and Child Helpline, NCWC: 1098 or
77161214**

Royal Bhutan Police: 113

RENEW: 17126353

Nazhoen Lamtoen: 1257

Dagana intervention support for Children in Difficult circumstances

First Quarter intervention -Year 6th

Thank you Save the Children Bhutan for supporting academic expenses for 28 children (Dagana and Thimphu)

Nazhoen Lamtoen has been supporting children in difficult circumstances in 6 districts since 2017 to empower the families and children through a livelihood support intervention with funding support from **Save the Children Bhutan**.

Through your generous funding, we are one step closer to creating a better future for our children. Your kindness and generosity are truly appreciated, and we are honored to have you as development partners.

Thank you again for your unwavering support and for making a difference in the lives of these deserving children.

Thank you **Dagana Dzongkhag Administration Chied DEO** for arranging school visits.



Nazhoen Lamtoen & Bhutan Stroke foundation -Eastern intervention

Bhutan Stroke Foundation and Nazhoen Lamtoen -Eastern Intervention - Day 5 Tashiyangtse

There is a saying, "It takes a village to raise a child." It is always great when schools come together to support a good cause, especially when it is to help children in need. The school will be baking biscuits and sweets to raise funds and awareness about violence against children and early signs to prevent a stroke.

Through Save the Children Bhutan financial support, baking supplies worth Nu. 74.000/ was handed over to Pangtoka PS in Tashiyangtse to raise funds for stroke patients and children in need by making biscuits and sweets. Children are often vulnerable when their parents and caregivers suffer a stroke.

The team also conducted an education program on a child-friendly environment in the community and on preventing and recognizing early signs of stroke in Kuenzangling CS and Pangtoka PS.

Thank you, Principals, Teachers, students, and communities of Tomeyjangsa for your support.

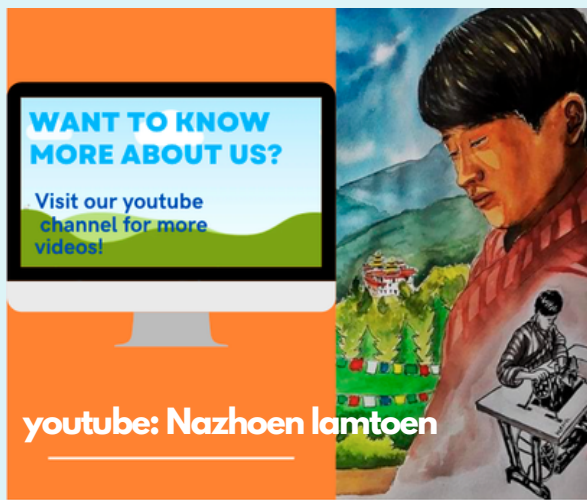


Southern Chapter for Vulnerable ones

Nazhoen Lamtoen and Royal Society for Senior Citizens had a productive meeting with the Dasha Thrompon of Phuentsholing Thromde to discuss our plans for after-care services for children, youth and senior citizens. Thank you Dasha Thrompon for always being supportive and making a difference in the lives of vulnerable ones in the community. Happiness Centre in Phuentsholing has been providing aftercare services to Youth with SUDs and senior citizens since 2019 with support from Phuentsholing Thromde, Royal Bhutan Police, and the community.

We are excited to work with the Thromde to provide a safe and supportive space for those in need.





Talk on Ending Violence against children-

Nazhoen Lamtoen, with the generous trust and support of UNICEF Bhutan and the National Commission for Women and Children - NCWC, Bhutan piloted the multi-sectoral behavioural change campaign "Rang gi Buzhi Rang gi Norbu" on Ending Violence Against Children in Thimphu Dzongkhag and Thromde.

After successfully conducting the campaign in three piloted districts, all implementing partners of the campaign promised to keep the campaign alive through any means possible in pursuit of ending all forms of violence against children.

This was one such opportunity. We wholeheartedly thank College of Natural Resources for the opportunity to talk about violence against children to their students. Nazhoen Lamtoen will soon be signing an MoU with the college to collaborate on diversion services for children in conflict with law.

The Royal Society for Senior Citizens also took the opportunity to talk to the students about the need for support to our elderlies.

#Endviolenceagainstchildren

#Speakup #Standup #Report #Reachoutforsupport

NCWC 1098

RBP 113 or 1010

Nazhoen Lamtoen 1257

RENEW 17126353



Diversion services for children in conflict with the law

Covered 10 Districts signing of MoU on Diversion of child in conflict with the law.

Diversion is an alternative measure for dealing with children in conflict with the law, outside of judicial proceedings. It aims to prevent their involvement in the criminal justice system while allowing them to acknowledge the harm they have caused and holding them accountable. Until now, Nazhoen Lamtoen has signed MoUs with 54 partners in 10 districts, who are committed to providing diversion services for children in conflict with the law. So far, we have been able to provide diversion services to more than 55 children referred by NCWC, Royal Bhutan Police, and the Office of the Attorney General (OAG).

We express our gratitude to our development partner UNICEF Bhutan and National Commission for Women and Children - NCWC, Bhutan for their funding support. We will soon continue to sign MoUs with the remaining districts.



We would also like to thank Professor Dema Lham and Human Dignity Clinic Jigme Singye Wangchuck School of Law for Developing us Diversion Guidelines for Children in conflict with law. Thank you to our Partners: Khuruthang Youth Center, Punakha: Bhutan Nalanda Buddhist Institute, Tobesa Gewog, Punakha Education Sector, xplore Bhutan, Royal Botanical Park, College of Natural Resources Monggar-Drop in centre, BNCA Monggar Youth Centre, Phuentsholing sport association, Responsible Volunteer group Phuentsholing, Paro Youth Centre Khengrig Namsum Cooperative Youth Advocacy Network Bhutan Bhutan Kidney Foundation Bhutan Toilet Org Organization for Youth Empowerment GOKAB ,Community Based Organization Bhutan Scout Association Mobile Gaming Community Music of Bhutan Research Centre VTOB FoundationClean Bhutan River guide of Pangbang, Pangbang Youth Cooperative, Humans of Thimphu Zeus Foundation Nazhoen Jangsem Bhutan Stroke Foundation CARE Bhutan. Economic Development Unit, Samtengabg BHU, Ability Bhutan Society Bhutan Cancer Society Wangdue Phodrang Dratshang, Global Computer Training Centre, Samtse Education Sector Paro Dzongkhag Administration Mongar Dzongkhag Community Zhemgang Dzongkhag Dzongkhag Administration, Chukha Samtse Dzongkhag Punakha Dzongkhag Administration Wangdue Phodrang District Paro Dzongkhag Administration



Reading Race initiated -Melongkhar PS -Tashiyangtse

Melongkhar Primary School is located in the remote region of Trashiyangtse Dzongkhag. Situated atop the majestic Yarpheh hill, the school requires a challenging two-hour trek from the gewog center to reach its premises. Despite the geographical hurdles, Melongkhar Primary School houses a dedicated team consisting of 7 teachers, 47 students, along with a cook, a cleaner, a caretaker, two Non-Formal Education Instructors, and an Early Childhood Care and Development Facilitator. The school prides itself on providing a welcoming environment, evident from the beautiful gate that greets visitors at the entrance. However, the parents in this community are primarily illiterate farmers, which poses certain challenges to our students' learning. They lack access to resources, supports and opportunities for expanding their learning and engaging in self-study at home. As a result, the school's teachers recognized the need to foster a love for learning and encourage self-directed learning. In 2020, the school initiated a program called the Reading Race with the support of Nazhoen Lamtoen .



The Reading Race program was designed to motivate and reinforce students to read at home and subsequently take tests to evaluate their understanding. By actively engaging in this process, students assumed responsibility for their own learning. To implement the program, the school proposed funding from Nazhoen Lamtoen to create badges and award prizes. Due to the school's remote location, the school decided that cash prizes would be the most practical reward, given at the conclusion of every five levels and maintained it with the concerned class teacher and awarded at the end of each term to the students in presence of their parents.



To facilitate the Reading Race, students were provided with reading materials, each with a specified length that needed to be completed to advance to the next level. Badges were awarded and upgraded the levels to acknowledge the students' progression as they successfully completed each level. To enhance the learning experience, students in grades IV to VI were encouraged to write book reviews and maintain a reading log.

The Reading Race program does not yield immediate results, but we have observed gradual and promising outcomes. Most students have not only improved their reading fluency but have also gained a deeper understanding of the text and word meanings. Our students thrive on motivation and incentives, regardless of their magnitude. Whether small or large, these rewards serve as essential tools in their educational journey.

The program's positive impact is evident from the action research report of 2022. The program is still going strong with some reforms according to the needs.



Farewell- Benevolent services

Farewell to an Exceptional Caregiver of our Children's Shelter Home Tshechimo, shelter Manager Mrs. Junna Rai and Program officer Mr. Dhendup Wangchuk

Farewell to an exceptional caregiver who has been an invaluable member of our Children's Shelter Home family. It is never easy to say goodbye to someone who has touched the lives of those around them in such a profound way. You have truly made a difference in the lives of our children, and your legacy will live on in their smiles, their laughter, and their future successes.

We wish her nothing but the very best as she embarks on her next adventure, and we know that her nurturing spirit and passion for helping others will continue to shine wherever she goes.



Nazhoen Lamtoen representative in Australia

Nazhoen Lamtoen, in collaboration with Bhutanese child enthusiasts and supporters residing in Australia.
Introduction of our “Membership program” in Australia.

- 1. Sonam Pelden, currently pursuing her Masters in Global Development at Griffith University,**
- 2. Wangchen Jigme Khandu, currently pursuing his Masters in Global Development at Griffith University**
- 3. Lhaka Dem, currently pursuing her master's in Environment at Griffith University**
- 4. Deki Choden, a dedicated counselor with seven years of experience, is currently pursuing her Masters in Counseling at Notre Dame University in Perth, Western Australia.**
- 5. Tashi is pursuing her Doctor of Philosophy in Language and Politics at the University of New England in New South Wales, Australia**





EMPOWERING COMMUNITIES TO ADDRESS VIOLENCE AGAINST CHILDREN



Save the Children



PROJECT DESCRIPTION

Establishing and institutionalizing community-based child protection through Parenting without Violence Common n Approach.

GOAL

Parenting without Violence (PoV).



KEY ACTIVITIES

- Training and orientation for children, parents community mentors, district administrations officials and national task force on Child Protection and gender-based issues, policies and legislation, and existing systems and procedures in the pilot districts.
- Develop and disseminate PwV advocacy, communication, and visibility materials as per the SBCC strategy.
- Advocate with the government for allocation of budget for child protection activities in the pilot districts.
- Establish reporting, counseling, and prevention measures in schools with linkages to the community-based protection mechanism.
- Establish Community-based Child Protection Committees with operational and reporting mechanisms in place.



KEY STAKEHOLDERS

National Commission for Women and Children,
Ministry of Education and
Nazhoen Lamtoen



KEY OUTCOMES

1. Increased understanding of positive parenting.
2. Increased resilience and confidence in children
3. Increased access to community-based child protection.



CHILDREN AND ADULTS PARTICIPATION AND POTENTIAL BENEFITS

- Community mentors deliver PoV group sessions in their community.
- Parents of children 6-17 years old participate in the parenting sessions.
- Children 6-17 years participate and benefit from the children session.
 - Access to community based support to protect children.
- Beneficiaries can also access the NCWC tool free Helpline 1098.



ABOUT SAVE THE CHILDREN: WHAT WE DO

Save the Children in Bhutan provides technical and financial assistance to the Royal Government of Bhutan and National CSOs. We complement the efforts of the government in pioneering innovations in critical areas of Early Childhood Care and Development, Basic Education, Child Protection, Health & Nutrition. We ensure children's unique needs are met and their voices are heard.

OUR PARTNERS

Our key partners include:



མཚོའེན་ལམ་ཏེན་
Nazhoen Lamtoen
Strengthening Children & Youth Resilience and Protection



00975-2-323419/325599



www.bhutan.savethechildren.net



feedbackSCBhutan@savethechildren.org

Nazhoen Lamtoen is a key partner for the project Parenting without violence (2022-2024) collaborating with Save the Children, NCWC and Ministry of Education. The project aims to train and sensitize to parents and care givers on providing parenting skills and child protection.

Society Switzerland & German Society supports

Received a generous check from none other than the esteemed Secretary General of Bhutan Red Cross Society!

Thank you, Society Switzerland Bhutan, and German Bhutan Himalaya Society, for your invaluable funding support! We are immensely grateful for your generous contribution, which will play a crucial role in our mission to provide much-needed resources and support to those in need.

With your help, we can now ensure that our aftercare center for Substance Use Disorders (SUDs) at Happiness Centre and the children in difficult circumstances in Tashiyangtse receive the best possible care and attention. Your support enables us to offer essential training materials, bring in expert trainers, and empower our dedicated staff members to make a lasting impact on the lives of those we serve.

The love and compassion you have shown through your donation will create a safe and nurturing environment for those seeking recovery from SUDs and bring hope to the children facing challenging circumstances. Together, we can make a positive difference in their lives and help them build a brighter future.

Thank you Claudio Zingg and Marianne Frei for being the driving force behind our efforts. We couldn't do this without your kindness and belief in our cause.



"CSOs and Local Government Collaboration for Integrated Services towards Sustainable Goals

We are excited to share the fruitful outcomes of the recent coordination meeting between Civil Society Organizations (CSOs) and the local government bodies, Phuentsholing Thromde and Dungkhag Administration, Phuentsholing . In a remarkable show of unity, four CSOs, namely Nazhoen Lamtoen , Bhutan Kidney Foundation , Bhutan Cancer Society and Royal Society for Senior Citizens , joined hands to work together with Thromde and Dungkhag to provide integrated services for various segments of our community.

The focus of this collaboration is to offer comprehensive support and care for the youth facing Substance Use Disorders (SUDs), elderly citizens, and individuals battling kidney and cancer ailments. By pooling our resources and expertise, we aim to create a strong support network that will contribute to the well-being and health of those in need.

Such integrated services were provided by Happiness Centre until now.

We extend our heartfelt gratitude to DASHO THROMPON, DASHO DUNGPA, and the Thromde officials for their unwavering support throughout this process. Their encouragement and commitment to this endeavor are invaluable, and we are confident that together, we can make a meaningful impact on the lives of the people we serve.

Bhutan Civil Society Network Civil Society Organizations Authority



The launching of Cognitive Behaviour Therapy (CBT) model

We are thrilled to announce the launch of its new Cognitive Behaviour Therapy (CBT) model for Happiness Centre on 31st July, generously supported by Society Switzerland Bhutan and German Bhutan Himalaya Society.

Established in 2019, the Happiness Centre has been a dedicated after-care home for individuals seeking support after completing their rehabilitation journey. Our primary goal is to prevent relapse and provide immediate assistance to those in need. With a team of four committed staff members, we strive to create a safe and nurturing environment for our clients.

We're proud to introduce the CBT model, which focuses on empowering individuals by helping them identify and modify negative thought patterns and behaviors. By combining this evidence-based therapy with our existing after-care services, we aim to enhance the overall well-being and long-term recovery of our clients.



Thanks to the overwhelming support from our community Phuentsholing Thromde Royal Bhutan Police and partnering organizations, Nazhoen Lamtoen the Happiness Centre has successfully served over 2000 individuals struggling with Substance Use Disorders. Together, we have made a positive difference in their lives, and we're committed to continuing our mission of providing top-notch after-care services.

A heartfelt thank you to Dasho Thrompon and Thromde Madam ES for gracing us with his presence during the CBT model's launch, encouraging us to make a more significant impact in the lives of those seeking after-care support.

Our heartfelt gratitude goes to Society Switzerland Bhutan and German Bhutan Himalaya Society for your generosity and support. We hope that you will continue to partner with us in our efforts to make a difference in the lives of children and youth.

Delegates from IFO

Nazhoen Lamtoen held a meeting with delegates from the International Finance Corporation (IFC) and the World Bank. The delegation was led by Ms. Susan Marie Lund, IFC's Vice President, and included Mr. Martin Holtmann, Country Manager for Bhutan, Bangladesh, and Nepal; Mr. Friedemann Roy, Advisor to the Vice President of Economics & Private Sector Development; and Mr. Ashim Nepal, Country Coordinator for IFC Bhutan. During the meeting, productive discussions took place on how the IFC World Bank could improve the livelihoods of marginalized families in the country. Special thanks to Mr. Tara Nidhi Bhattarai, Bhutan Country Office International Finance Corporation World Bank Group, and Ms. Chimi from the Ministry of Finance for their concern and coordination in making the meeting possible.



2nd Quarter intervention -year 6th

Thank you Save the Children Bhutan our development partner for supporting livelihood for the children's families in Dagana and Thimphu.

Nazhoen Lamtoen has been supporting vulnerable group of children such as destitute children, children living in unacceptable circumstances of upbringing, children exposed to violence, or children victims of abuse and exploitation at the hands of individuals, families, or the community, more than 756 children and 345 families were benefited through this project since 2017.



Transforming the lives of children.



6th year-2nd Quarter intervention.



Dagana- 19 children



Shelter-20 children



Thimphu -17 children

CHILD HELP LINE-1257

www.nazhoenlamtoen.org

Art exhibition from youth in conflict with the law

April 21st, 2022 | Post Views: 947



Yangyel Lhaden

KUENSEL
April 21, 2022

Project supports more than 500 children

February 17th, 2022 | Post Views: 1,010

PROJECT SUPPORTS MORE THAN 500 CHILDREN

A SINGLE MOTHER SANGAY PEMA WAS LIVING WITH HER THREE DAUGHTERS AND SISTER IN A SMALL HUT. SHE LIVED IN CONSTANT FEAR OF HOW SHE COULD CONTINUE TO SUPPORT HER THREE CHILDREN AND HER SISTER'S EDUCATION WITH NO SOURCE OF INCOME.

FEBRUARY 17, 2022

Yangyel Lhaden

Nazhoen Lamtoen reintegrates 39 youth who returned from YRDC

June 24th, 2021 | Post Views: 1,224

NAZHOEN LAMTOEN REINTEGRATES 39 YOUTH WHO RETURNED FROM YRDC

Youth organization, Nazhoen Lamtoen, has reintegrated 39 youth who completed their prison sentencing from the Youth Rehabilitation Development Centre (YRDC). Data compiled by the organization from 2018 stated that the 39 youth continued their education, learned tailoring, hairdressing and driving. Some even obtained chef training.

JUNE 24, 2021

TheBhutanese

LEADING THE WAY

First ever shelter for disadvantaged children

Pema seldon 12/08/2018 ABOUT TOWN Leave a comment 1,409 Views

Facebook Twitter LinkedIn

The children's shelter in Changgedaphu is the first ever interim children's shelter home established by Nazhoen Lamtoen to provide aftercare services to disadvantaged children. Nazhoen Lamtoen provides aftercare services to children and youth in conflict with law and in difficult circumstances.

Nazhoen Lamtoen reintegrates 39 youth who returned from YRDC

June 24th, 2021 | Post Views: 1,224

NAZHOEN LAMTOEN REINTEGRATES 39 YOUTH WHO RETURNED FROM YRDC

Youth organization, Nazhoen Lamtoen, has reintegrated 39 youth who completed their prison sentencing from the Youth Rehabilitation Development Centre (YRDC). Data compiled by the organization from 2018 stated that the 39 youth continued their education, learned tailoring, hairdressing and driving. Some even obtained chef training.

JUNE 24, 2021



HOME NEWS BUSINESS EDITORIAL SPORTS OPINIONS COVID-19

ADVERTISEMENT

ADVERTISE HERE

Nazhoen Lamtoen reaches to 12-year-old in Samdrupjongkhar

June 9th, 2021 | Post Views: 1,538

A non-profit organisation dedicated to youth, Nazhoen Lamtoen, reached out to the 12-year-old girl, who gave birth in Samdrupjongkhar last month.

The organisation's executive director, Thinley Tobgyel, said the moment they heard the news, they looked for the contact details of the girl and contacted her through her parents to assess her mental health and provide emotional support.

He said that during the counselling process, they found the girl and her parents need financial support and provided a minimal amount of Nu 10,000 to buy essential items. "The organization agreed to look after the child and also the girl's educational needs."

INVOLVING COMMUNITY TO PROTECT CHILDREN

Nazhoen Lamtoen launched a project, Community Child Protection Team (CCPT), in Paro earlier this week to approach to resolve the problem of child abuse and neglect. Despite the legal frameworks in place and various agencies providing services to children, the need for effective child protection systems in the country is urgent.

JUNE 16, 2021

Protecting our children needs collective effort

June 9th, 2021 | Post Views: 1,231

While many people are still trying to comprehend how we failed to protect our children, which resulted in 330 reported teenage pregnancies last year, a non-profit organisation dedicated for youth reached out to the 12-year-old girl in Samdrupjongkhar.

As an immediate response, Nazhoen Lamtoen has provided cash support for the girl and her parents to buy the necessities. Counsellors from the organisation and teachers of the girl are also providing counselling, which is the need for the hour. Both the organisation and school authorities ensured support for her to continue education.

The minor had also gone through physical and mental trauma. She is not alone. A 13-year-old girl referred to another non-profit organisation, RENEW, is expecting.

A multi-sectoral campaign to end violence against children

A multi-sectoral campaign was launched yesterday to end violence against children. The campaign is expected to address barriers that prevent children and youth from availing child protection services and raise awareness on the prevalence of violence against children as it remains underreported.

KUENSEL

July 15, 2022

MINOR WORKING IN MASSAGE PARLOUR IDENTIFIED AS A CHILD IN DIFFICULT CIRCUMSTANCE

A 16-year-old minor who was working in a massage parlour in Deki Line in Phuentsholing and was alleged to be offering sexual favours to clients has been identified as a child in difficult circumstances.



Bhutan Times

September 23, 2019 ·

...

Nazhoen Lamtoen identifying potential children in difficult circumstances

Sangay Rabten

Nazhoen Lamtoen has carried out rapid situation assessment in five piloted dzongkhags which includes Chhuka, Paro, Monggar, Thimphu and Zhemgang to identify potential children in difficult circumstances (CIDC).

This is done with the objective to provide long term support to under 18 children who had conflicted or is going to conflict with law. In later years, it will be conducted in other dzongkhags.

The executive director and the founder of the organization, Thinley Tobgyel said that assessment will help to provide effective after care services to those children who are in difficult circumstance. He said, "99 percent of children who conflicts with law are from destitute background and the reason is they are in difficult circumstances."

**BBS**

June 14, 2021 · ⚙

Nazhoen Lamtoen to pilot Child Protection and Community Child Protection teams to address child abuse cases

To enhance protection and reporting of any form of child exploitations, Nazhoen Lamtoen, a civil society organisation, in collaboration with Paro Dzongkhag launched a pilot project on Child Protection Team in schools and Community Child Protection team on Wednesday. Nazhoen Lamtoen plans to replicate the project in all the schools and gewogs if all goes well. <http://www.bbs.bt/news/?p=151605>



The Bhutanese

LEADING THE WAY

National Youth Awards, the first of its kind, to be held

👤 Sonam Yangdon 🕒 08/04/2018 📁 LOCAL NEWS 💬 Leave a comment 👁 985 Views

f Facebook

🐦 Twitter

in LinkedIn

Youth Caring Community (YCC) in collaboration with Nazhoen Lamtoen will be marking the International Youth Day on 11-12 August, highlighting the theme "Safe Spaces for Youths". The day will also recognize and award outstanding young leaders.

**Bhutan Times**

September 23, 2019 · 🌐

Nazhoen Lamtoen identifying potential children in difficult circumstances

Sangay Rabten

Nazhoen Lamtoen has carried out rapid situation assessment in five piloted dzongkhags which includes Chhuka, Paro, Monggar, Thimphu and Zhemgang to identify potential children in difficult circumstances (CIDC).

This is done with the objective to provide long term support to under 18 chi... [See more](#)

Dzongkhag	Male	Female	Total
Chhukha	9	13	22
Monggar	33	29	62
Paro	20	44	64
Thimphu	104	85	189
Zhemgang	31	44	75
Total	197	215	412

and exciting platforms for the youth to make the right
ing spirit of volunteerism to realize their higher purpose in
t relationship, and more importantly to help individuals
y in shaping the nature of our societies.

Hurdles along the reintegration path

Rehabilitated and reformed to make another start, Sonam began growing green onions in pet bottles from discarded onions at the vegetable market. The problem, the 24-year-old realized, was the meagre income of about Nu 100 he earned every two weeks. He discarded the business idea.

KUENSEL

Dec 30, 2023

LACK OF AFTER-CARE FOR TEENAGE PREGNANCY WILL IMPACT THE COUNTRY'S FUTURE

The past few months have been difficult for the 12-year-old child, who was raped during the lockdown and became a mother in Samdrupjongkhar.

Despite support from her school authorities, where teachers visited her house to teach lessons and facilitated her to sit her mid-term exam, the 12-year-old had to quit after writing two papers as her child became sick and was referred to a dzongkhag hospital.

AUGUST 19, 2021

Schools in Thimphu prepare for a better academic year

Thimphu thromde education office and relevant stakeholders are stepping up with appropriate solutions to address disciplinary issues of students, especially the mass brawls.

KUENSEL

Feb 3, 2023

LACK OF AFTER-CARE FOR TEENAGE PREGNANCY WILL IMPACT THE COUNTRY'S FUTURE

The past few months have been difficult for the 12-year-old child, who was raped during the lockdown and became a mother in Samdrupjongkhar.

Despite support from her school authorities, where teachers visited her house to teach lessons and facilitated her to sit her mid-term exam, the 12-year-old had to quit after writing two papers as her child became sick and was referred to a dzongkhag hospital.

AUGUST 19, 2021

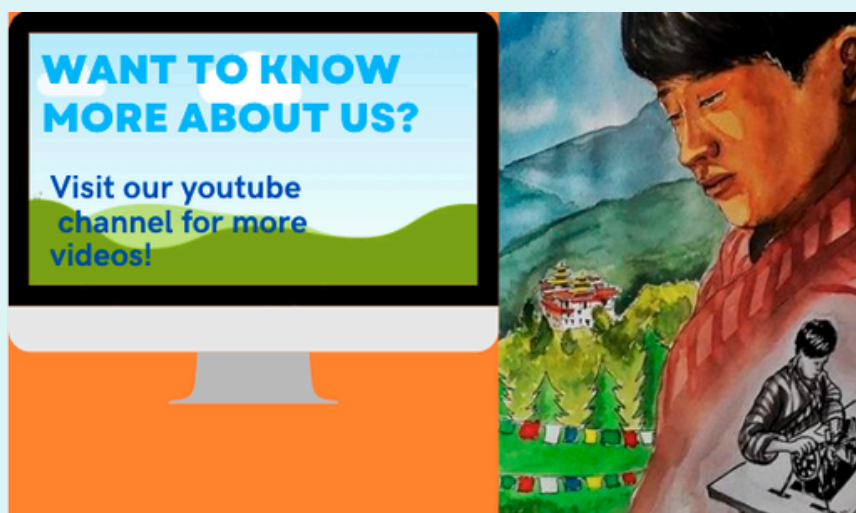
MoU signing with Kuzu FM -Youth voice

We are thrilled to share a significant step forward in our journey! Today we are excited to announce that we have officially signed Memorandum of Understanding (MOU) with Kuzoo as our media partner

Stay tuned for the updates, insightful content, and exclusive collaboration that will bring even more value to our community

Stay connected with us on all our social media platforms for exclusive interview's, live coverage and so much more! Don't miss out on the incredible content that's coming your way.

Thank you for your continued support as we embark on this collaborative journey. We can't wait to share the exciting content that's in store for you.



GGP representative from Embassy of Japan to support utility vehicle

We had the honor of hosting Ms. Yuka from the Embassy of Japan in India at Nazhoen Lamtoen's Happiness Centre aftercare home for Substance Use Disorders (SUDs). During her visit, we received support in the form of grant assistance for our grassroots project!

The discussions were incredibly fruitful, focusing on various ways to enhance our center's impact, including vital support for transportation and plans for future developments. Together, we're making strides toward a brighter and healthier future for our residents.



Strengthening Child Protection in Our Remote Villages

Establishing of the Community Child Protection Team (CCPT) in 5 Chiwogs within Trong Gewog, is a direct result of our Phase-1 project, "Advocacy on Child Protection to Create an Enabling Environment for Our Children." This marks a pivotal step in providing essential services and support to children residing in our far-flung villages.

The launch of CCPT was a momentous occasion, graced by Dasho Dzongrab, DWCC member secretariat, Thrizin, and members from the five Chiwogs. During this launch, a child protection manual book was unveiled, providing valuable guidance for our dedicated team, along with seed money to ensure the CCPT's sustainability.

Recognizing challenges faced by families and children in remote areas, this initiative aims to bridge the gap. The CCPT will serve as a vital referral point, ensuring that assistance swiftly reaches those who need it most.

In close collaboration with the Gewog Child Protection Team (GCPT) and the Dzongkhag Women and Child Committee (DWCC), the CCPT is committed to ensuring that every child in our community receives timely services, care, and unwavering support.

The project is funded by our Development Partner Helvetas Bhutan.

Together, we're creating a safer and brighter future for all our children





Making an Impact: One Month After Community Child Protection Team (CCPT) Formation.

Just one month after the formation of the Community Child Protection Teams (CCPT) in Trong Gewog's (Zhemgang) 5 Chiwogs, the teams are already making a remarkable impact in the communities. Trong Gewog has taken a huge step towards child protection with the formation of Community Child Protection Teams (CCPT) in 5 vibrant chiwogs: Tshangla Zurphhy, Tama Berti, Trong, Subrang, and Gomphu. These dedicated teams have hit the ground running, actively raising awareness and implementing child protection measures. The results are truly inspiring! Stay tuned for more updates as our CCPTs continue to make a positive difference in our communities.

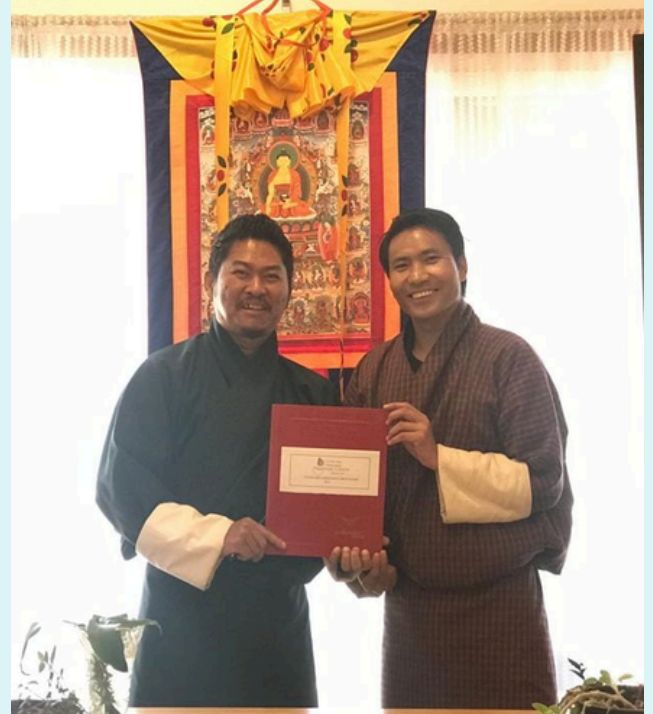
The CCPT project is funded by our Development Partner Helvetas Bhutan



Development of SoP for Happiness Centre

Happiness Centre signed final SOP with parent organization Nazhoen Lamtoen

We express our gratitude to Jigme Singye Wangchuck School of Law HDC, Professor Dema Lham and students for drafting and developing of SoP. We will always remain grateful for your support.



Empowering Youth Entrepreneurship through strategic Partnership Loden Foundation



Year 6 - 4th Quarter initiative, to empower communities and address violence against children.

A heartfelt thanks to our Development partner, Save the Children Bhutan for their unwavering support! Together, we've been able to make a difference in the lives of 32 children from 14 families in Dagana and Thimphu in the 4th quarter. A total of 82 children benefited in 2023 from Thimphu and Dagana. These families received both immediate need support and long-term livelihood assistance through the establishment of micro-businesses.

The case management support is in 6 piloted districts-Zhemgang, Monggar, Chukha, Paro, Thimphu, and Dagana.

Children facing challenging circumstances are at an elevated risk of becoming in conflict with the law.



2 Families in Dagana gets 2 new shops as part of livelihood support

A family in Dagana, facing challenging circumstances, recently became beneficiaries of a small grocery shop through a livelihood intervention program aimed at supporting children in difficult circumstances. Pema (Name changed) a 39-year-old single mother, is raising four children without any means of livelihood to sustain their education. Prior to our intervention, the family relied on community assistance.

Our case management support, provided by Nazhoen Lamtoen, focuses on helping children and families in challenging circumstances. The objective is to offer long-term livelihood support, enabling families to become self-reliant. In Pema's case, the introduction of a small grocery shop has proven to be a pivotal intervention.



The profits generated from the business are earmarked for the welfare of the children. To ensure sustained support, our dedicated case manager oversees the process, mandating that families who benefit from such livelihood support contribute Nu. 2000 from the business profits towards the welfare of the children.

Nazhoen Lamtoen's case management initiatives have been active in six districts—Thimphu, Paro, Monggar, Chukha, Zhemgang, and Dagana—since 2018. The overarching goal is to make a lasting impact on the lives of families in difficult circumstances, empowering them to build a better future for themselves and their children.

This impactful project has brought positive change to the lives of over 1000 children and 300 families.



Beyond the numbers, the project's success lies in its ability to foster self-sufficiency within these communities. The 1000 children and 300 families touched by this initiative are now equipped with the means to support themselves and break free from the cycle of dependency. This ripple effect has likely extended beyond the initial beneficiaries, positively influencing the broader community.

We extend our heartfelt gratitude to our esteemed development partners, Save the Children Bhutan and UNICEF Bhutan, for their unwavering and continued support in ensuring that every child is recognized as special. Your commitment has been instrumental in making a positive impact on the lives of countless children, fostering a brighter and more inclusive future for each one. Thank you for standing with us in our mission to create a world where every child's potential is valued and nurtured.

Diversion and community mapping services for children coming into conflict with the law -Sarpang-Tsirang and Tashigang

The successful conclusion of our community mapping diversion program for the juvenile justice system in Tashigang, Tsirang, and Sarpang. This marks a significant milestone as we have now completed diversion programs in 11 districts, collaborating with over 80 partners through signed Memoranda of Understanding (MoU).

The diversion program serves as an alternative approach to dealing with Children in Conflict with the Law (CICL) that goes beyond traditional judicial proceedings. Its primary objective is to prevent the involvement of children in the criminal justice system. To date, Nazhoen Lamtoen has delivered services to more than 50 CICL through our diversion program.



The success of this initiative was made possible by the active participation of various stakeholders, including representatives from the Royal Bhutan Police, Judiciary, Education sectors, community volunteer groups, Gewog leaders, Civil Society Organizations (CSOs) partners, and Health sectors. The program spanned two days and facilitated constructive discussions and collaboration among participants.



We extend our heartfelt gratitude to our Development Partners, UNICEF Bhutan for their invaluable technical and funding support throughout this endeavor. With their assistance, we have not only achieved our goals but also reinforced our commitment to creating a positive impact on the lives of the youth involved in the juvenile justice system.

Dzongkhag Administration, Sarpang Tsirang Dzongkhag Administration Trashigang Dzongkhag



Winter engagement program-art session

Winter engagement program(Art) started from 25th January - 8th February 2024.. Week long winter children engagement was held in coloboration with Zhemgang Dzongkhag Education Sector. Total of 35 children from Trong community participated the art class.



Beneficiaries -2023

slNo	Dzongkhag	CIDC supported	shelter support(Thimphu only)	CICL supported
1	Thimphu	38	35	12
2	Dagana	43		
3	Zhemgang	53		
4	Monggar	34		
5	Chukha	45		
6	Paro	34		

Donation received from the supporters

sl No	Donated by	amount
1	Deki Choden	5000/
2	Tashi Dema	25,000/
3	Tenzin Pem	10,000/
4	Dean	5000/

Our Development Partners



Save the Children



for every child



HELVETAS
Swiss Intercooperation

BHUTAN



This project is funded by
the European Union

Opening
your heart to
Bhutan



**Austrian
Development
Agency**



**Thimphu Dzongkhag. Paro Dzongkhag. Mongar Dzongkhag. Zhemgang Dzongkhag. Chukha
Dzongkhag . Dagana Dzongkhag**



transforming the lives of children

Nazhoen Lamtoen

www.nazhoenlamtoen.org

email-nazhoenlamtoen@gmail.com

Tel: 00975 02 338589

Child helpline: 1257 PO Box-2098

Changgedaphu, Waangchuk khangzang

Thimphu Bhutan



ཨ་ཁོ་ལམ་ཏེན་

Nazhoen Lamtoen

Transforming Children & Youth through reintegration